



# Free Fall Pillows

**Skill Level:**  
Beginner/Easy

**FreeSpirit presents:**  
Free Fall Fabric designed by Tula Pink

Side 1



Side 2



<b>Technique:</b>	Sewing
<b>Designed By:</b>	Tula Pink
<b>Brand:</b>	FreeSpirit
<b>Crafting Time:</b>	An Evening

Create these over-the-top pillows in Tula's oversize Free Fall print. Designed as a quilt backing, this high quality sateen 108" wide fabric is also perfect for home dec projects.

**Finished Size:** 20" x 20" (50.8cm x 50.8cm)

### Fabric Requirements:

**Free Fall Fabric designed by Tula Pink**

**Pillow 1 - Top photo, front pillow**

- (A) QBTP001.8LIPS      ¾ yard (.69m)
- (B) QBTP001.8SKYX    ¾ yard (.69m)
- (C) QBTP001.8CREA    ¼ yard (.23m)

**Pillow 2 - Bottom photo, front pillow**

- (A) QBTP001.8ORCH    ¾ yard (.69m)
- (B) QBTP001.8NAVY   ¾ yard (.69m)
- (C) QBTP001.8BATT   ¼ yard (.23m)

### Additional Requirements:

- Sewing machine with zipper foot
- Rotary cutter/mat/plastic ruler
- Iron/pressing board
- Basic sewing supplies
- Seam ripper
- Coats general purpose thread
- 5 yards (4.57m) (2.29m) 1" (2.54cm) diameter piping cord
- 20" x 20" (50.8cm x 50.8cm) square pillow form

[makeitcoats.com](http://makeitcoats.com)

[freespiritfabric.com](http://freespiritfabric.com)

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## Cutting Instructions:

**Note:** WOF—Width of Fabric, LOF—Length of Fabric

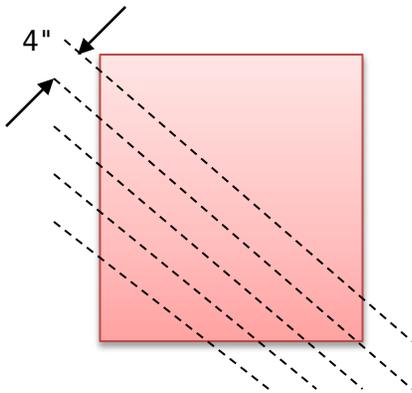
**Fabric A, cut:** (1) 21" x 21" (53 cm x 53cm)

**Fabric B, cut:** (1) 21" x 21" (53 cm x 53cm)

**Fabric C, cut:**

Enough 4" (10cm) wide bias strips to equal 90" (203cm) when sewn together (**Fig. 1**).

Fig. 1



## Sewing Instructions:

**Note:** All seam allowances are ½" (1.27cm).

1. Sew the 4" (10cm) wide bias strips short ends together to make one long strip. Press the strip lengthwise in half with wrong sides facing. Open the strip and place wrong side up on your work surface.
2. Place the piping cord on the pressed strip as close to the fold as possible. Fold the fabric tightly over the cord with raw edges matching. Pin in place. (Cord can be slightly shorter or longer than the fabric. It will be trimmed later.) Using the zipper foot, sew close to the cord, removing the pins as you go. (Make sure to keep the raw edges of the strip aligned as you sew.)
3. With raw edges matching and leaving a 1½" (3.81cm) tail, pin the piping to the edge of the ) 21" x 21" (53 cm x 53cm) Fabric **A** pillow front piece. Curve the piping around the corners, clipping the seam allowance in the corners so that it lies flat. (Leave the excess piping. It will be trimmed later.)
4. Using the zipper foot, begin sewing the piping on the seam line all around the pillow front. Stop sewing approximately 1" (2.54cm) away from the starting tail.
5. Use a seam ripper to remove the piping stitches on the end tail. Fold the fabric back and trim the tail cording so that it meets the head cording. Pull the tail fabric back into place and fold the ends under ½" (1.27cm) to make a hem. Wrap the hemmed end under and around the cording to enclose the matched ends. Sew in place with seam line matching.

## Pillow Assembly:

6. With piping flat against the pillow front, place the front right side up. Lay one pillow back piece wrong side up on the front with raw edges aligned. Position the remaining back piece wrong side up on the uncovered side of the pillow front. The back pieces will overlap. Pin the front and back pieces together.
7. Sew a ½" (1.27cm) seam around the outside edge of the pillow assembly (This should match the piping seam line.) leaving a 10" opening for turning. Zigzag stitch around the raw edges to increase strength. Turn the pillow cover right side out.

## Finishing:

8. Insert the pillow form. Hand-sew the opening closed.

Repeat for Pillow 2.

## Fabric Key

Free Fall Fabric designed by Tula Pink

### Pillow 1

- (A) QBTP001.8LIPS
- (B) QBTP001.8SKYX
- (C) QBTP001.8CREA



(A)



(B)



(C)

### Pillow 2

- (A) QBTP001.8ORCH
- (B) QBTP001.8NAVY
- (C) QBTP001.8BATT



(A)



(B)



(C)

Side 1 - Pillow 1 in front, Pillow 2 in back



Side 2 - Pillow 1 in back, Pillow 2 in front

